

Stobhill Hospital

- Car parking- is available on the hospital site, limited to 4 hrs if you do not have a staff permit. You can usually park out on Balornock road and walk along the side of the park into the hospital
- ID Badges- are required to get into the theatre suite and dept/ library. Get the form signed by a consultant, the office for photos is on the first floor, through clinic area A and to the right (follow minor injuries unit signs), take a left through the automatic doors and security office on the left
- Clinics- on first and second floors, start at 9am and 1:30pm
- DSU- on ground floor to left, there is a patient reception desk who will let you in if you don't have a Stobhill badge. Female changing room code- C345X. Male changing room unlocked. Pain lists are in theatre 5, the patients will be in the patient area, at the end closest to theatre suite.
- Treatment room- sessions are either in minor ops room in DSU area, or in treatment room in clinic B area
- MDTs- On third floor, in one of the two rooms facing you at the top of the stairs on Tues 11:30, Weds 1:30, usually in the PBL room, within the pain offices area on 3rd floor
- Dept.- Third floor, follow signs to library, continue straight ahead, pain area is to left. There are two offices on left opposite the library for "hot-desking"
- Food- Aroma coffee shop on the ground floor and also 3rd floor

Victoria Hospital

- Car parking- is available on the hospital site, limited to 4 hrs if you do not have a staff permit. You can usually park out on the road round Queens park without too much difficulty.
- ID Badges- are required to get into the theatre suite and dept/ library. Get the form signed by a consultant, the office for photos is in the basement. Take the main lift to -1 (car par) and security desk is opposite
- Clinics- on ground, first and second floors, start at 9am and 1:30pm
- DSU- on first floor
- MDTs- On second floor, in one of the multipurpose rooms between the dept and the staff canteen. Tues 1230, Thurs- SCS at around 1-1:30pm, Thurs pm at 3:30pm
- Acute Pain Round- Wednesday am, starts 0830 in HDU. Contact Dr Panickar to check if running and start time ajit.panickar@gmail.com
- Dept.- Second floor, follow signs to library, pain offices are to the left
- Food- Aroma coffee shop on the ground floor and also 2nd floor in staff facilities

Yorkhill

- Car parking- Patient and visitor car parking for 4 hrs immediately as you enter hospital grounds on right. Lots of on road parking south of the hospital on Gilbert St, Sandyford St etc
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- Meet in anaesthetic Dept, 1st floor of DSU building around 1:45pm. Danielle, the secretary, will let the consultant running clinic know you are there

Southern General

- Car parking- New multi-storey is open, if entering from Govan road, continue past A&E and car park is on left. Free parking for 4 hrs
- ID Badges- Ensure you carry standard photographic NHS ID
- Acute Pain ward round- Starts in HDU at 9am with Dr Oates. HDU is in the main surgical block, behind A&E
- Contact- Dr Phil Oates philip.oates@ggc.scot.nhs.uk

Hairmyres

- Car parking- Free car parking surrounds the hospital
- ID Badges- Ensure you carry standard photographic NHS ID
- Acute Pain ward round- Starts in the ITU coffee room, around 9am with Dr Haldane and Sr Ramage. ITU is signposted, on the 1st floor, buzz for entry and coffee room is round to right before you enter the main unit.
- Contact- Dr Grant Haldane grant.haldane@lanarkshire.scot.nhs.uk

Wishaw

- Car parking- Free car parking surrounds the hospital
- ID Badges- Ensure you carry standard photographic NHS ID
- Contact- Dr Stephen May sggcmay@aol.com

Forth Valley Royal Hospital, Larbert (replaced Stirling)

- Car parking- Free car parking, limited to 4hrs, surrounds the hospital
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- Main outpatient department on the ground floor
- DSU- Theatres are on the 2nd floor, towards the back of the hospital
- Food- A starbucks and M&S simply food! (you can even pick up something for dinner)
- Contact- Dr Judith Wilson judithwilson@nhs.net

Falkirk Community Hospital

- Car parking- is available
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- In the front door and go up the ramp, then turn right the pain clinic is on your right along with ophthalmology
- Food- Apparently there is an old-style WRVS
- Contact- Dr Judith Wilson judithwilson@nhs.net

Inverclyde

- Car parking- is available
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- clinics are at the main hospital at Inverclyde Royal Hospital site at the Main Out Patients' Department
- DSU- all interventions are at the Day Surgery Unit at the main Inverclyde Royal Hospital site. Lists start at 1.30pm. If you arrive a bit earlier, please come up to the anaesthetic department to have a chat about the list
- Dept.- When you get to the main hospital, enter via the main entrance, and take lifts to Level N. At N, come out the lifts and turn left- go to the end of the corridor where you will find the anaesthetic secretary. You can have your lunch at the common room.
- Contacts Anaesthetic/Pain Clinic Secretary: Telephone: 01475 633 777 ext 64525
E-mail contact:

Secretary: mariesa.clenaghan@ggc.scot.nhs.uk,
louise.dearie@ggc.scot.nhs.uk

Consultants: lew-chin.chee@ggc.scot.nhs.uk
grant.tong@ggc.scot.nhs.uk

If you are stuck, you can also call either Dr. Tong or Dr. Chee via the hospital switchboard.

Port Glasgow Health Centre (PGHC)

- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- clinics alternate between two Health Centres and start at 9am. Depending on when you are assigned to come, it may be at Greenock Health Centre (GHC Duncan Street, Greenock PA15 4LY) or Port Glasgow Health Centre (PGHC 2 Bay St, Port Glasgow PA14 5EW- from main car park enter via west entrance and look for hospital out patients clinic). You need to check this before travelling out. The morning clinics are consultant clinics, acupuncture and pharmacist (GHC only)
- Contact- as above

Crosshouse

- Car parking- Free car parking surrounds the hospital
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics-
- DSU- Meet Dr Martin in the anaesthetic dept by 8:30. Park on the far left of the car park by the maternity building, follow the path and go in through the first door, which brings you to the anaesthetic secretary, Sylvia's office.
- Contact- Dr Charles Martin charles.martin@aaaht.scot.nhs.uk

Prince and Princess of Wales Hospice (PPWH)

- Car parking- Small car park to the rear of the building but only a short walk from the city centre across the river
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- Usual start time for ward round is 09:30, but bed meeting and handover starts at 9, so often good to get there first as get a rundown on ward patients and issues. Report to reception and ask for either of the consultants (Alistair McKeown or Rachel) or Jane Millar (education) who can show them to the office for handover. Usual finish around 12:30-1
- Contact Dr Alistair McKeown alistair.mckeown@ppwh.org.uk

Marie Curie Hospice, Stobhill

- Car parking- Available either in front of the hospice, or within Stobhill Hospital car parks, for 4 hrs
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- Wednesday am with Dr Ferguson, Friday am with Dr O'Riordan, start at 10am, please phone 0141 557 7400 the day before to confirm attendance

St Margarets Hospice, Clydebank

- Car parking- is available
- ID Badges- Ensure you carry standard photographic NHS ID
- Clinics- Come to hospice for 0900 and ask at reception for St Joseph's ward
- Disclosure clearance is required for visits to this clinic, please contact pain fellow for advice